

Mon Yough Community Services, Inc.



Child, Adolescent & Family School-Based Therapy

What is School-Based Therapy?

Individual, family, and group therapy have been proven to improve a student's ability to succeed. Our Master's level clinical staff provide supportive and goal-oriented therapy for students ages 5-18, and often families, who want outpatient services.

The therapist will work with parents, school personnel and other services involved with the student to ensure continuity of care.

School-based services are provided during the school day, in a private and professional setting within the school as if the student were receiving services in a standard office setting.

How do I set up School-Based Therapy?

Students can refer themselves to therapy services but can also be referred by the school's Student Assistance Program team, school personnel and parents. If a student is under 14, a parent/guardian must complete the referral process and be present at the initial appointment.

At the student's first appointment, an intake and clinical assessment will be completed at the office or the school. This clinical assessment appointment provides the valuable information needed to develop meaningful goals. The student will meet with the therapist as needed, typically once every other week, with or without the guardian/family. In general, it is strongly encouraged to have the family involved in the student's services.

If at any point the student or parent feel they may benefit from an appointment with our board-certified licensed psychiatrist, that appointment can be scheduled at the McKeesport office.

Who to contact?

If you have any questions about our services and wish to speak to someone confidentially, please call the Child, Adolescent, and Family Department at:

412-675-8226

For information regarding the intake process, please call the Child, Adolescent & Family Department at:

412-675-8226

500 Walnut St, 2nd Floor.
McKeesport, PA 15132

Districts we serve:

- Clairton
- Elizabeth Forward
- McKeesport
- Penn Hills School of Entrepreneurship
- Propel Schools
- South Allegheny
- Steel Valley
- West Jefferson Hills