

### **School Based Therapy**

PHCSE has partnered with Mon Yough Community Services and is now able to offer School Based/Mental Health Therapy within the school setting.

A Mon Yough therapist will work with parents, school personnel and other services involved with the student to ensure continuity of care. School-based services are provided during the school day, in a private and professional setting within the school as if the student were receiving services in a standard office setting.

### **How do I set up School-Based Therapy?**

Students can refer themselves to therapy services but can also be referred by the school's Student Assistance Program, school staff or parent. If a student is under 14, a parent/guardian must complete the referral process and be present at the initial appointment.

At the student's first appointment, an intake and clinical assessment will be completed at the office or at PHCSE. This clinical assessment appointment provides the valuable information needed to develop meaningful goals. The student will meet with the therapist as needed, typically once every other week, with or without the guardian/family. In general, it is strongly encouraged to have the family involved in the student's services.

If at any point the student or parent feel they may benefit from an appointment with our board-certified licensed psychiatrist, that appointment can be scheduled at the Mon Yough Community Services McKeesport office.

[Mon Yough Community Services, Inc. Flyer](#)

[Release of Information UPMC](#)

[MYCD School Based Therapy Referral Form](#)

